

The Senior Connection values kindess, compassion, respect, and honesty at all times when at the center.





Please remember to treat your server with these values - they are volunteering their time and talent to make sure we all have access to a delicious lunch. Thank you.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Shepard's Pie	4 Potato Bar	5 Smoked Brisket	Spaghetti and Meatballs Carey Congregate No Meals on Wheels	7 Fried Chicken	8
9	10 Chicken Parmesan	Grilled Steelhead	Roast Pork Loin	Turkey Pot Pie No Meals on Wheels	Fish and Chips	15
16	17 Chicken Enchiladas	18 Meatlof	Chicken Fried Steak	20 Burger Day No Meals on Wheels	Spaghetti and Meatballs	22
23/30	Chicken Caprese	Sweet and Sour Chicken	26 Pulled Pork	Volunteer Appreciation Luncheon Prime Rib No Meals on Wheels	28 Grilled Chicken	29